

## Sport Studies Homework – Cycle 3 Week 1

Student should continue to complete either their R053 Sports Leadership Coursework or their R052 Developing Sporting Skills Coursework.

Remember to change any completed work to **PURPLE**.

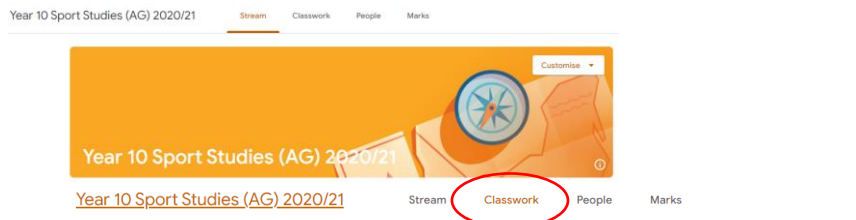
### **R053 Sports Leadership:**

LO1 – Types of Leader

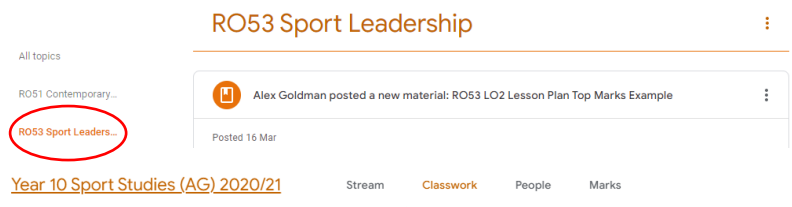
LO2 – Lesson Plan and Risk Assessment

LO4 – Evaluation of your practical lesson

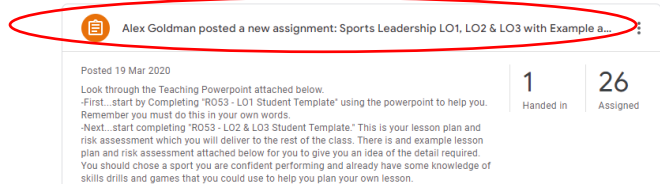
1.



2.



3.

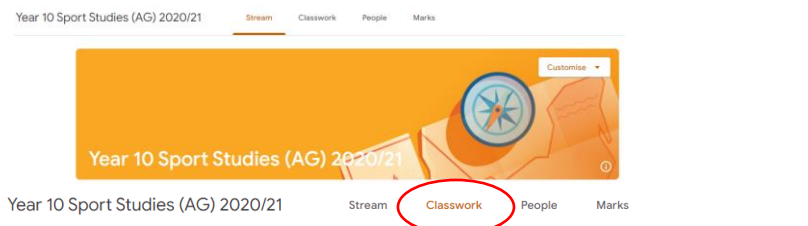


### **R052 Developing Sporting Skills:**

Skill and Tactics Strengths and Weaknesses

Plan to overcome your chosen weaknesses

1.



2.

