

Issue 25: JULY 2019

ISCA MATTERS



Our Summer Term Challenges and Celebrations



Headteachers News

Another busy year comes to a close and as ever, it is difficult to choose just a few items to report in this newsletter.

GCSE examinations have naturally been a focus of the early Summer Term and we are exceptionally proud of the way in which our students have approached this challenging time. Both staff and students have worked extremely hard to prepare and we have no doubt their combined efforts will bear fruit on results day. Obviously taking examinations is much greater than just academic preparation and we strive to also ensure that the young people in our school remain balanced and healthy through this stressful time. Isca Academy, and the Ted Wragg Multi Academy Trust as a whole, are deeply committed to supporting well-being and mental health for both staff and students, and providing a balanced education, knowing our children well, and fostering resilience in young people will remain at the forefront of our approach as we look towards next year.

The Summer Term is also a time of great extra-curricular activity, culminating in Enrichment Week, which this year included a new trip to Berlin and new heights in physical endeavour with Challenge Devon and Coast to Coast (walking and cycling across Devon, respectively). The outdoor education programme has also been in full swing, including Exe Valley Challenge and Exe Valley Extreme, to name but a few. This year also saw the launch of a new, Trust-wide event, the Jurassic Coast Challenge, which saw over 200 students from across all of the TWMAT Schools, walking various distances along the Jurassic Coast. It was a fantastic achievement for all involved.

This term, we also met our soon to be Year 7 students for Transition Day, which was a great success and enjoyed by all. We very much look forward to welcoming our Year 7s back for Summer School on 22nd August before their start in earnest in September. We know that making the transition to secondary school can be daunting and we will, as ever, do our utmost to make the adjustment as seamless as possible. As new families join our school, I would like to reiterate that working in partnership with parents and carers is at the heart of our approach and would encourage you to contact us if you feel at all apprehensive about your child's start at the school.

September will also see a renewed focus on the power of learning with the introduction of Knowledge Organisers for Years 10 and 11, with Years 7, 8 and 9 following in the Spring 2020. Knowledge Organisers are a key way of assisting students to commit knowledge to long-term memory and will be another tool for supporting student learning and progress in all aspects of the curriculum. Further information will follow at the start of the academic year.

I could not close this message without wishing our Year 11 students and their families all the very best in their next steps. We would love for you to stay in touch and if you have not already done so, maybe consider joining Isca Academy's Alumni? It is easy to do, just sign up on the Future First Website (www.futurefirst.org.uk).

Everyone at the school joins me to wish you all a restful Summer. We look forward to seeing you back in September for another great year.

Aimee Mitchell,
Headteacher

Our trip to Berlin



During Enrichment week a group of Year 9 and 10 History students went to Berlin. We visited lots of different sites like the House of the Wannsee Conference, Sachsenhausen Concentration Camp, the Jewish Museum and the German Resistance Memorial. Learning what conditions were like under Hitler's rule was fascinating and extremely interesting. The passion our tour guides had for the past made me love history even more and rediscover my passion for the subject.



It was also very enjoyable to go to the shopping centre and to a bowling alley one evening.

The trip had a relaxing environment that was easy to enjoy with friends because of our amazing teachers. I would definitely recommend a trip abroad with the school as it covers all areas of enjoyment and education.

Clara, Year 10

Open Evening 2019

For Year 6 pupils interested in joining us in September 2020

The Isca Academy Open Evening
will be on
Thursday 19th September 2019

Arrival from 5:00pm
Headteacher talks in the Hall at 6pm and 7pm,

Tour with staff or look around independently.

Open Morning Tours will be held from Monday 30th
September - Friday 4th October at 9:30am each day.

Enrichment Week 2019



Enrichment week at Isca Academy is an opportunity for our Year 7, 8, 9 and 10 students to take part in activities that are not accessible in the usual day to day curriculum. For some this was an intensive week of a physical activity - cycling, sports, walking and camping. For others it was the chance to go on a residential visit with independence skills gained from staying away from home. Whether it was a watersports week, a theme park visit, or horseriding experience we hope that all of our students enjoyed their visits.



Music and Performance at Isca Academy

Primary Music Festival

On the 24th June 75 students from St Leonards, Clyst Heath, and Countess Wear Primary Schools joined Mrs Vallance for a day of Music making. They formed a super choir for 'Pompeii' and 'Million Dreams' and spend the rest of the day experiencing new instruments such as ukulele, pocket trumpets, and violins.



Devon County Show

Rhianna Bennett, Max Coats, and Mya Stevens were invited to perform on the Parasol stage at the Devon County Show on the 16th May. The three students performed incredibly professionally and represented the school fantastically in front of packed audiences. We also enjoyed meeting the Alpacas, Rabbits, Pigs, Cows, Sheep, and Dogs. Well done to all 3 of them.



Isca Underground 2019

On June 26th, we ordered beautiful sunshine for our annual Isca Underground. Our students delighted audiences with performances of Music, Dance, Music Technology, and an Art Exhibition. Special mention needs to go to the year 10 station managers who ran each of the 7 stations smoothly. Thank you. See you again next year!



Year 11 Prom 2019

Another beautiful evening at Exeter Castle to celebrate the end of their Isca journey with the class of 2019. We will miss you all and wish you the best of luck as you start college next year. See you on Results Day!





A look back on my time at Isca Academy

As a year 11 leaver, I would like to take this opportunity to thank every staff member who has dedicated so much of their time, effort and kindness to provide us with an education that was so much more than sitting in a classroom. You have provided us with amazing trips and opportunities:

From camping on Exmoor for DofE, to residential visits to Paris, Mallorca, Berlin and even an expedition to Borneo. Performing Arts events both as performers and audiences; Isca underground, Winter Whirligig, Isca Voices, school Drama Club productions (The Lion, the Witch & the Wardrobe, Alice in Wonderland, The Corpse Bride) and dance shows.

Theatre visits to the London West End (The Lion King, Matilda, Charlie & The Chocolate Factory, The Comedy about a Bank Robbery), Exeter Northcott (The Twits, Gangsta Granny, Ballet Boyz, Little Mermaid), Plymouth Theatre Royal (Macbeth) and numerous local productions (Jekyll & Hyde, A Christmas Carol). Taking part in competitions and challenges with other schools – Ten Tors, Exmoor Challenge, Exe Valley Challenge and Exetreme, Sporting Events, Public Speaking Competitions (including a group of us representing Isca at a debate in the House of Lords). You've given us the chance to express ourselves in our own way and allowed us to strengthen our love for our passions.

You have all shown us that we are capable of achieving the very best for ourselves if we persevere and never give up. You supported us through a challenging period of our lives and we are grateful to you all.

We could not ask for a better group of supportive teachers and support staff who have worked so selflessly for us so we do well with our education. Thank you to each and every one of you, we will miss you all so much!

Jack Powell

Ten Tors 2019



We took seven teams of Isca Academy students to Dartmoor at the end of April for the annual Ten Tors event.

Teams started out at 0700 on Saturday and had until 1700 on Sunday to complete the challenge in their teams, completely unassisted.

Ten Tors is not a race or competition, so a 1659 finish is every bit the same as a morning finish.

EVR 45 strolled in at 1106 having completed 45 miles on route T - R Malloch, G Caton-Pike, S Laws, T McDermott, A Rutherford and C Sloman

Isca 45B were not far behind, on the same route, and arrived at 1141 with R Benney, J Goodband, T Meller, T Oakes, R Thompson and M Wilkins

Isca 35B crossed the finish at 1156 having done route I - L Goodband, T Jouan, B Sadler, B Sheffield and M Wloch

Isca 45A rocked up at 1249 after completing route U - with E Wyatt, N Bennett, M Fielding, J Knowles, L Olney and H Russell

Isca 35A, being followed throughout the weekend by BBC Countryfile magazine, completed route H at 1319. A Barker, J Anderson, A Boulton, J Ewart, E Haggerty and E Squire

1359 saw **EVR 35B** through the line on route P with D Malloch, O Chalk, L Cordero-Sapien, H Easton, H Perry and E Wormleighton

And Georgiana Holban saw us home with her **EVR 35A** team on route N at 1509 with still nearly two hours in hand, starring C Brown, R Jewell, C Martins, H Porteous and L Townsend

Training for 2020 starts in November.



Exe Valley Challenge 2019



Congratulations to all the young people who took part in Exe Valley Challenge this year. It was a thoroughly enjoyable day and we were, as always, very impressed by the effort and teamwork displayed by the participants.

The winning teams this year were:

Minis - Brampford Speke 4
Junior Girls - St Leonards 25, **Junior Boys** - Clyst Heath 8
Junior Mixed - Countess Wear 4, **Senior Girls** - Stoke Hill 3
Senior Boys - Isca 1, **Senior Mixed** - Isca 4

Overall Winners with the highest points of all teams were the Senior Mixed team, Isca 4

Many thanks to the parents, teachers and supporters for helping to make this event such a success, and to all the staff and friends that volunteer from Isca Academy to prepare and run the event. Thanks also to Exeter Starlites for the entertainment!



Exe Valley Extreme

The best house competition in Exeter had another successful year with 40 teams of students engaged in the most awe-inspiring physical challenges all aiming to clock up points for their house.

The winning team was: Caitlyn Hobbs, Karina Hobbs, Chloe O'Brien and Mylie Freestone (Y10 Minerva)
Runners up: Iona Bell, Savanna Hutchins, Cara Potter and Eva Ferris (Y9 Apollo)



Exmoor Challenge



We took 5 teams to Dulverton for the 16 mile challenge this year and had a pretty good day with two second place teams and one first. Congratulations to all who took part and attended early morning Sunday training sessions throughout the Spring term.

The junior mixed team came 2nd in their category (R Winterbottom / L Meller / G Barker / V Howson). Our senior mixed team came 2nd in their category (A Barker / E Squire / E Haggerty / J Ewart). Our senior boys came 1st in their category (H Perry / D Malloch / W Moyes / M Wolch).

Jurassic Coast Challenge



On Friday 21st June, approx. 230 students from West Exe, St James, Cranbrook and Isca Academy took part in the first Jurassic Coast Challenge. JCC is open to Years 8, 9 and 10 and the aim is to encourage team work and develop an appetite for outdoor adventure.

This timed event starts at Lyme Regis and teams of between 4 to 8 students choose to walk distances of 10 miles (Bronze - Branscombe), 16 miles (Silver - Sidmouth) or 23 miles (Gold - Budleigh Salterton). This stretch of the South West coastal path has some challenging terrain and is a fair test of the student's endurance and determination. All the participants appeared to enjoy the challenge and value the experience, with 18 students completing the Gold route. Many thanks to the school staff and Isca student volunteers who helped the event run so smoothly.



We are Dementia Friendly



Many thanks to Gina Awad for bringing her Dementia Awareness session to school recently and helping students to recognise some of the signs of dementia illnesses and ways in which they can help. " I thought that the dementia awareness talk, me and my fellow students went to, was interesting and taught me many things about dementia I never knew! "



Festival of Chemistry

Congratulations to Ashdon, Jacob, Jasmine and Denisa who attended the Festival of Chemistry and competed with around 10 other schools, including Blundells, Colyton Grammar, Queen's College Taunton, Stover, and Wellington – a high quality bunch of entrants. We were the only Exeter school represented. There were two competitions: The Festival of Chemistry Competition; and the College Challenge. Both were practical and meant solving quite difficult problems using the results of experiments. They worked really well as a team and competed well, gaining a second place in the College Challenge to their credit.



Youth Cultural Champions

Over the course of April, May and June, ten Isca students have started and completed their Youth Cultural Champions training. During these months, they have collaborated alongside students from West Exe.

They were trained up by Sandhya Dave and other staff and people who are cultural champions from the Global Centre (Devon Development Education).

What have the Isca Youth Cultural Champions done?

We have travelled to West Exe and had multiple meetings with their Youth Cultural Champions. We have had shared lunches with West Exe, made presentations about our cultures, learnt about each other's cultures and talked about the struggles we've been through.

What is a Youth Cultural Champion (YCC)?

They are young ambassadors based in schools in and around Devon. Set up to express their knowledge on cultures.

What do they do?

They increase awareness about racism, heritage and ethnic minority.

They also celebrate diversity of ethnicity, heritage and culture within the community and try to combat racism and prejudice.

The Aims of YCC:

- To celebrate each individual's unique heritage.
- To build people's confidence about their heritage.
- To expand peoples knowledge on different ethnicities.

Written by: Macey, Bonnie, and Fatima



Isca Academy Sports and PE 2019

It has been another fantastic year of sport for Isca Academy with more students than ever taking part, competing and representing our school in vast range of sports.

Football - Football has been a real highlight of the year with all year groups taking part in the National Cup, Exeter & East Devon Cup, Devon Cup along with many friendly fixtures at both A and B team level. The number of boys and girls participating grows each year, giving more and more opportunities for students to represent the school and come along to extra-curricular clubs. Year 11 particularly shone this year making it through to the semi finals of the ESFA National Cup and runners up in the Devon Cup. The squad put in a huge effort throughout the year, balancing academic life alongside training and travelling all over the country to compete. Year 7 are also looking like a very promising team who grew stronger playing together each week and are definitely one to watch in the future. Another highlight has been our uptake of girls football at Isca. Year 7 and 8 numbers have exploded and are now able to field two full sides. We are looking forward to developing girls football further next year and have entered the National Cup at U14's and U13's level.

Netball - Netball numbers also continue to grow, using four courts now at training which is great to see. Our annual Netball tour to Shrewsbury was yet again a brilliant success and the girls and staff had a brilliant weekend away, staying overnight in what was a two day tournament. It is always great to see new faces and we look forward to welcoming our new Year 7's in September to join us at after school club.

Cross Country - Another great year for cross country with over 70 students representing the school at the annual cross country championships. Several students performed exceptionally and progressed though to represent Devon. Rio Turl, Year 11, is of particular note making it into the National Counties Championship Squad. There is plenty of talent in the younger years too. Cross Country will resume within the first few weeks of September - we look forward to seeing you there.

Athletics - This year was one of Isca's most exciting and successful years ever! Over 70 competitors across years 7 to 10 competed against 16 other local schools in this years Devon Schools Athletics Championship at Exeter Arena. Isca's Year 7 and Year 10 girls won their respective categories overall on the day which was an amazing achievement against very strong competition. Year 7 boys came runners up, as did year 9 girls. There were too many top 3 placings to mention all in this report. Well done to everyone who competed - you were AWESOME!

Inter House Sport - It has been another brilliant year of Isca's houses all battling it out to be named the Sports Cup winners in our final assembly this term. With ALL students in years 7, 8, 9 and 10 competing in football, netball, rugby, tennis, badminton, dodgeball, cricket, rounders, benchball and softball to name a few it have been very exciting. Ans the winner this year is **APOLLO!**

Cricket - With the excitement of the Cricket World Cup in England we were also very successful with our Year 8 cricket team who came runners up in the county astro cricket competition earlier in the summer. We are hoping that after the awesome win from England men's and women's world cups recently more will be looking to take part and represent the school next year.

Tennis - With Isca continuously growing as a school, so has the variety of sports that we compete in. This year we entered competitors into the local schools competition hosted at Exeter School. For many of the students who entered it was their first tennis competition. Albert Lisk, Year 8, was particularly brilliant winning all of his matches. Who knows, we may have the next Andy Murry here at Isca. Tennis is a sport we are looking to grow rapidly at Isca next year. We hope you will come and join us at after school training.

Goodbye to an Isca Legend

We sadly say goodbye to Garry Hooper who has taught at Isca for the past 18 years and as Head of PE for the past 8 years. Mr Hooper's contribution to PE and the whole school has been colossal. He has been an inspiration to students and staff alike in the development of PE as an essential part of daily life here at Isca, as well as inspiring and encouraging all to participate in physical activity outside of school. We wish Mr Hooper all the best for the future and in his new role closer to his family in Cornwall. Thanks you for everything. YOU ARE A LEGEND!

Thank you to everyone who has been involved and supported our Isca teams this year. We can't wait to get started next year with two new members of PE staff to join the team as well. Until next year, we wish you all a brilliant summer holiday and look forward to see you all back in September.

Isca PE Team

Isca Academy Sports Day 2019

It was a scorching day for yet another fantastic Sport Day this year. It was a very well balanced competition with a different house winning at each of our Year 7, 8, 9 and 10 age groups. Apollo narrowly won over all, defending last years title. All students who took part did their houses proud and competed with excellent sportsmanship.



Out of Hours Safeguarding Information and Advice

When our school is closed, especially over the long summer holiday, and you need some urgent advice regarding a child or young person, please try the following numbers.

In an Emergency:
 **999**

Call 999 for an emergency

- if you are concerned for someone's safety
- if a crime is in progress
- when there is danger to life
- when violence is being used and threatened

DEVON AND CORNWALL POLICE
 **101** IN AN EMERGENCY ALWAYS CALL 999

For less urgent concerns call 101

- to report a missing person
- to give the police information about a crime that has happened.
- to report suspicions of drug use or drug dealing



If you are concerned about a child or young person in Devon and want to speak to someone contact the Multi-Agency Safeguarding Hub on **0345 155 1071**
 To find out more about the Multi-Agency Safeguarding Hub (MASH) visit www.devon.gov.uk/childprotection

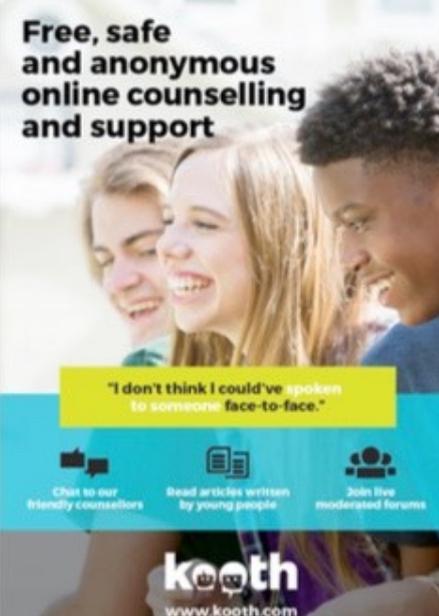


NSPCC - for information about abuse, exploitation, mental health and self harm. 24 hour help and advice line: 0808 800 5000, help@nspcc.org.uk, www.nspcc.org.uk



CEOP - Information for adults and children on staying safe in relationships and online www.thinkuknow.co.uk/

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116 000

Missing People
 For advice and support when someone goes missing
 Call 116 000 - free, confidential and available 24/7

Devon & Cornwall CRIMESTOPPERS
0800 555 111
 Call anonymously with information about crime

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IF YOU'RE 13-19 TEXT YOUR YEARS OLD SCHOOL NURSE
07520 631722

WE HELP YOUNG PEOPLE WITH ALL KINDS OF THINGS LIKE...

RELATIONSHIPS MENTAL BULLYING SELF HEALTHY ALCOHOL HARM EATING DRUGS SMOKING

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Devon Cornwall NHS Chat health

Autumn Term Calendar

1st half of term
Half term holiday
2nd half of term

Wednesday 4th September - Friday 18th October
Monday 21st October - Friday 1st November
Monday 4th November - Friday 20th December

September 5th	Year 7 Photos
September 10th	Bude Information Evening for Year 7 Parents
September 12th	Knowledge Organiser Information Evening (Y10/11)
September 13 - 15	D of E Silver Expedition Practice Expedition
September 19th	Open Evening
September 17th	Year 11 Geography Fieldwork (Group A)
September 20th	Late start for students (10:10 am)
Week of September 23rd	Year 7 Bude Residential / Year 8 French Trip
Week of September 30th	Open Mornings (Monday - Friday, 9:30 am)
October 9th	Progression Evening (Y9, Y10, Y11)
October 10th - 12th	D of E Silver Expedition Qualifying Expedition
October 16th	Year 7 Parents Drop-in (to see tutors)
October 17th	Exeter College Open Event (4 - 7pm)
November 10th	Ten Tors Day Walk 1
November 19th	Outdoor Education Awards Evening
November 24th	Ten Tors Day Walk 2
November 28th	An Inspector Calls London Theatre Trip (Y10/11))
December 10th	Art and Dance Show
December 17th	Christmas Dinner
December 19th	Winter Whirligig

Uniform Shop Opening Times Summer 2019

22nd to 26th July
20th to 30th August
(excluding weekends
and bank holidays)
from 8.30am to
3.00pm daily and
3.30pm to 5.45pm on
22nd August

Please contact
reception to arrange
an appointment
(01392 204082).

You can also order
uniform online at
[www.pbuniform-
online.co.uk/schools/
isca-academy.html](http://www.pbuniform-online.co.uk/schools/isca-academy.html)

Parents Evening Dates 2019/20

Appointments for these dates are booked online from approximately 10 days before the date specified. You will be sent details by Groupcall email.

Year 7	Wednesday 16th October 2019, 4:30 - 7 pm (Appts with tutors only) Tuesday 14th January 2020, 4:30 - 7 pm (Appts with subject teachers)
Year 8	Tuesday 17th March, Year 8 Options Information Evening Thursday 30th April, 4:30 - 7:00 pm
Year 9	Wednesday 4th March, 4:30 - 7:00 pm
Year 10	Wednesday 22nd April, 4:30 - 7:00 pm
Year 11	Tuesday 4th February 2020, 4:30 - 7:00 pm

Contact Us

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news and information
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Isca Academy



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Pay Online with Scopay online

Parents, you can now
pay online for uniform,
trips, activities and
school resources.

Download the app at
the App Store or on
Google Play, and get
an access code from
the Isca Academy
office to register.

(we cannot currently take
canteen payments on this
system)



*Parents, please make sure we have your current
mobile phone number and an email address.*